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his foster kindred accompany him. On the other hand, if he rises to influence, his foster-father is generally his most confidential adviser, and his foster-brothers are employed on the most important missions. 608

The custom of cementing friendship by the milk connection seems a favourite one. Should a woman dream that she has adopted any person as a son, or should any man dream that he has been adopted by a certain woman, the connection is carried out in the same way as the forced adoption before mentioned, and nobody would think of refusing to recognise it. The practice is now falling somewhat into disuse, but it was extremely common not many years ago. Milk from a woman's breast is esteemed a sovereign remedy for cataract and other eye-diseases. A resort to it also establishes the milk-tie for ever afterwards. [787] [757]

It is sometimes customary for a young couple, at the time of marriage, to induce a mutual friend to become their foster-father. The tie is ratified at the time of eating bread together. Bride and bridegroom being seated opposite to one another, the foster-father elect seats himself between them, and taking a piece of bread in each hand crosses his arms, observing to keep the right one uppermost, and puts the bread into their mouths. From that time he is regarded as their father.

The foster relationship is regarded as so close, that marriage between foster relations would be looked upon as incestuous, and, in spite of the precepts of the Koran, it would be impossible for a man to marry the widow of his foster-son. [835]

The formation of these ties is practised in a peculiar way among the Ashimadek clans of Chitral. It is customary for every infant to be suckled in turn by every nursing mother of the clan; consequently there is a constant interchange of infants going on among the mothers, for the purpose of strengthening tribal unity. [853]

The Shins are noted for their miserly habits, which they sometimes carry to great extremes. Every man has a secret hiding place in the mountains, where he conceals his money, metal pots, wife's jewels, and all his most valuable property. Occasional stealthy visits are paid to the treasure, which is never taken out for use except on festive occasions. No feeling of honour seems to exist as to the appropriation of another's treasure should it by chance be discovered, and frequent quarrels arise from this cause. Treasures are frequently lost altogether by the sudden death of the owner, 454 [685]